

## ~ WEEKLY MENU ~



Monday Oct. 14 <sup>th</sup>	Tuesday Oct. 15 <sup>th</sup>	Wednesday Oct. 16 <sup>th</sup>	Thursday Oct. 17 <sup>th</sup>	Friday Oct. 18 <sup>th</sup>	Saturday Oct. 19 <sup>th</sup>	Sunday Oct. 20 <sup>th</sup>
Breakfast Fresh Fruit Cup Eggs to Order With Bacon or Sausage & Toast French Toast	Breakfast Fresh Fruit Cup Eggs to Order With Bacon or Sausage & Toast	Breakfast Fresh Fruit Cup Eggs to Order With Bacon or Sausage & Toast Cinnamon Caramel Rolls	Breakfast Fresh Fruit Cup Eggs to Order With Bacon or Sausage & Toast Cheese Omelets w/ Hash Browns	Breakfast Fresh Fruit Cup Eggs to Order With Bacon or Sausage & Toast	Breakfast Fresh Fruit Cup Eggs to Order with Bacon or Sausage  Buttermilk Pancakes	Breakfast Fresh Fruit Cup Eggs to Order With Bacon or Sausage & Toast
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Fried Rice Egg roll Sweet and Sour Sauce Fruit Cup Dessert	Open Faced Turkey Mashed potatoes Turkey Gravy Seasonal Veg Fruit Cup Dessert	Tomato Bisque Grilled Ham and Cheese Sandwich Seasonal Veg Fruit Cup Dessert	Cobb Salad Marinated Chicken Fruit Cup Roll Dessert	Grilled Chicken Ceasar Wrap French Fries Fruit Cup Dessert	Shepards Pie Beef Gravy Fruit Cup Roll Dessert	BLT Toasted French Fries Seasonal veg Fruit Cup Dessert
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chili with baked potato bar Broccoli Fruit Cup Roll Dessert	Stuffed Peppers Salad Fruit Cup Roll Dessert	Baked Cod Rice Pilaf Mixed greens salad Fruit Cup Roll Dessert	Baked Rigatoni Seasonal Veg Garlic Bread Fruit Cup Pie	Garlic Shrimp Mashed Potatoes Seasonal Veg Fruit Cup Roll Dessert	Chicken Parmesan Sandwich Seasonal Veg Fruit Cup Dessert	Meatloaf Mashed Potatoes Seasonal Veg Fruit Cup Roll Dessert